

Preparing to Mentor

Welcome! We are so excited you have joined us this year as a UT Promise Mentor. There is so much to look forward to in the upcoming year, and we will be with you every step of the way.

The Pathways tool will provide monthly conversation topics for you and your mentee. While you don't solely have to use these, we believe it will help you and your student navigate the mentoring process while also providing timely topics for your student to think about.

To get started, we recommend reviewing these resources to get ready for your first meeting with your mentee: <u>"Effective Mentoring Practices"</u>. This document may seem overwhelming at first glance, but it is an important document to review/complete.

You can also find these resources, as well as others, under the Resources tab on the site.

These guides will help you to answer the following questions:

- What is mentorship?
- What is my role in this mentorship, and what are my responsibilities as a mentor?
- What should I expect in the upcoming months?

We appreciate all you do for the University, and we are excited to partner with you on this journey.



Getting to Know Each Other

This is your first meeting together! Introduce yourself to your new mentee. Tell them about your experience in college, what did you do when you first graduated? Where are you now?

We recommend discussing expectations for the relationship.

- When will you meet?
- Who's responsible for scheduling the meeting?
- How will you communicate (phone, email, text, Zoom, in person)?
- When is it okay for your student to contact you?
- What kind of support is most appropriate (e.g., industry trends, job opportunities, personal experiences, problem solving, help with a class assignment)?

Discuss goals for the next four years.

- What groups do they want to be part of?
- What leadership positions do they want to have?
- Do they know how to accomplish these?

Discuss goals for your relationship this next year.

- What do you want to accomplish together?
- What are their goals and how can you support your mentee?

Remember, while you can create custom goals with your mentee, the goals that you are required to complete together are three meetings per semester. Failure to complete these could result in the loss of your student's scholarship.



Report the completion of mentor meetings by filling out the <u>UT Promise Mentor</u> <u>Meeting</u> form. Visit the <u>UT Promise website</u> for more mentor resources. To stay up to date on important deadlines for UT Promise students, click <u>here</u>.

UT THE UNIVERSITY OF TENNESSEE SYSTEM